

Family Support Center



The Family Support Center

www.familysupportcenter.org

1760 WEST 4805 SOUTH
TAYLORSVILLE, UTAH 84129

**Protecting Children, Strengthening Families,
and Preventing Child Abuse, since 1977.**



FY 2019-2020 ANNUAL REPORT

Letter from our Executive Director

The Family Support Center has proudly been serving the Salt Lake community and surrounding areas for over 40 years. This year has brought many challenges and the organization had to adapt quickly to mitigate the impacts of COVID-19 and the issues it brought with it, such as an increase in domestic violence, substance abuse, food insecurity, and much more. The Family Support Center provided much-needed support to the community and its children when it needed it most. I am humbled and honored to be part of an organization that looked forward with resiliency, focused on solutions, and was able to reach our most vulnerable populations.

I have always loved sunflowers and have felt connected to them, this year the sunflower was the symbol for our annual gala. Sunflowers consistently turn to the sun, and when there is no sun in sight they turn to one another. Our community is filled with sunflowers. During our difficult times this year we turned to one another, we turned to our community.

Now more than ever I am committed to the mission of the Family Support Center, we will continue to serve the families in our community, as this upcoming year brings brighter days we are eager to see our community come together and heal. We look forward to another year of service.



Jocelyn De La Rosa
Executive Director

A handwritten signature in black ink that reads "Jocelyn De La Rosa".



Snapshot of Services

1,424
individuals

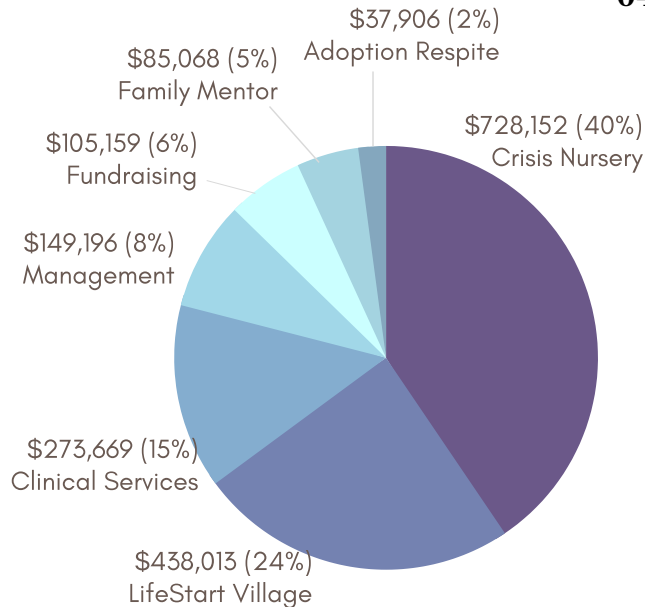
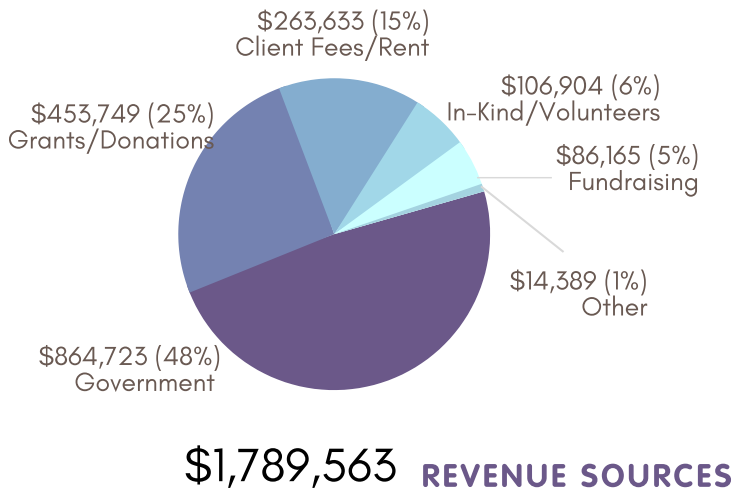
hours 22,395
of direct care

90% of Families
using services are at
or below the Federal
Poverty Level



Financials

FY 2019-2020



86% of revenue goes toward direct client care.

Visit our website for our most recent Form 990 and Financial Audit.





Crisis Nurseries

05

4,463
stays

19,562
hours

164 days
at capacity

816
children

What is a Crisis Nursery?

Trained childcare professionals offer free emergency care for children. Parents in crisis, stressed, or needing a break can drop their children off (11 years or younger) any time of the day or night.

Sugar House

2020 South Lake Street
Salt Lake City, UT 84105

West Valley City

3663 South 3600 West
West Valley City, UT 84119

Midvale

777 West Center Street
Midvale, UT 84047

“ Thank you for always being there when we need help the most. Last week when my wife was taken by ambulance to the hospital, you guys were able to give us an entire day and night to deal with it. There was literally no one else that could help and do what you guys do! I can't thank you enough! ”

-Crisis Nursery Client 2020

TOP 5 REASONS FOR CRISIS NURSERY STAYS



70% strongly agree that "Without the crisis nurseries, today I would NOT have been able to find safe and reliable childcare".

73% strongly agree that "Today my overall ability to care for myself and/or my family has improved after using this service".



A SINGLE MOTHER OF TWO... fled to Utah to escape life-threatening domestic violence. With no support and insufficient income in her new location, this mother faced a pandemic, earthquake, homelessness, trauma, and continued threats from her abuser. The Crisis Nursery became a lifeline of support and respite. She described the nursery as

"a safe environment where my children can forget about the daily struggles of life. It is an opportunity for them to be children and grow within a safe, loving, supportive, childcare setting. I am grateful that I have a place I can call when I am feeling stressed out and need time to figure out my own issues."

She broke free of her abuser and now has a stable job and is raising her children in an environment absent of abuse and fear.





LifeStart Village

07

62 Families

180
Individuals

113
Children

What is LifeStart Village?

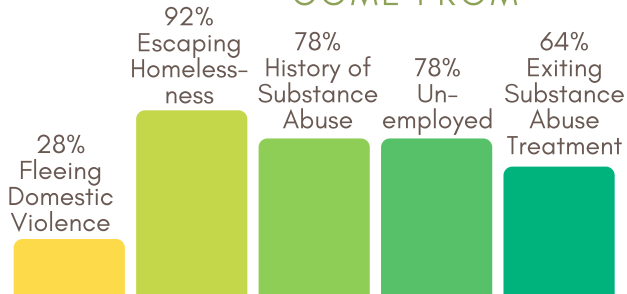
A self-sufficiency based housing program for single parents and their young children.

92% of families leaving LSV move into stable, permanent homes.

“ LifeStart Village gave me so much more than just the resources to become financially responsible. It taught me that I am not alone, no matter how alone I feel. I was taught that, with accountability and motivation, I can get anywhere I want to in life. I was taught how to cook a homemade meal for my children and keep our home nice and clean. The program at LifeStart Village taught me the skills I needed to be a successful single father. ”

-LifeStart Village Resident 2020

WHERE RESIDENTS COME FROM



LifeStart Families...

- Set goals with their case managers
- Participate in classes including financial literacy, life skills, and parent education
- Heal from past traumas
- Learn to trust again, and

Become Self-Sufficient.



MIKE'S STORY



DOMINIQUE'S STORY



CARRIS' STORY



Scan QR codes above for links to their stories on Family Support Center's YouTube channel.





Clinical Services

09



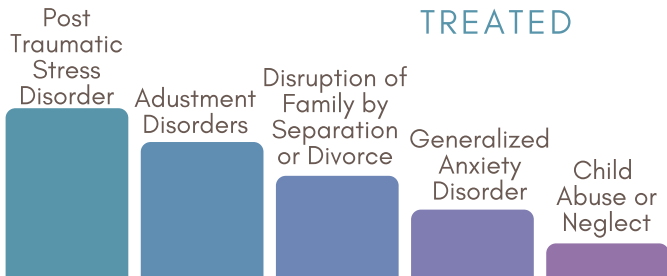
Who do we serve?

Our clinicians specialize in anxiety, depression, grief, family relationships, trauma, substance abuse, and more. An income-based payment sliding scale allows us to serve everyone in need of services.

“ My son is not easy to get to talk within sessions. My therapist has been amazing with him! She is so compassionate and fun, she gets him to open up and engage and really keeps his needs at the center and focus of sessions. ”

-Mother of Client 2020

TOP 5 DIAGNOSES TREATED



A New Partnership with the



providing \$35 therapy sessions to uninsured and underinsured families.

*Must be at or below 200% of the Federal Poverty Level.



COMMUNITY EDUCATION COURSES

- 3 Smart Steps for Step-Families
- 3 Parent Education

of Families Participating 25

of Individuals Participating 88





In-Home Services

Family Mentor Program



416 Mentor Hours Provided

44 Families Served

What is the Family Mentor Program?

A 10-week parent education course offered in the comfort of the client's own home.

“The [Family Mentor Program] has improved the quality of my life. I feel happier when I am spending time with my children. I feel more confident on how to solve family problems and guide my children through their personal challenges. I would recommend this program to anyone that is trying to have a healthier, happier home life.”

-Family Mentor Client 2020

Adoption Respite



553 Respite Hours Provided

25 Families Served

What is Adoption Respite?

Respite workers provide free in-home childcare, giving parents of state-adopted children a respite break.

VOLUNTEERS...

come with a variety of skill sets, all of which can be used at the Family Support Center. Many volunteers tend children in our crisis nurseries, assist us with the maintenance and beautification of our properties, organize supply drives, and so much more!

MAKE A DIFFERENCE!

Volunteers

250 Volunteers

12 Board Members

4,697 Hours Donated

2019-20 BOARD MEMBERS

Jon Durkee, Board Chair

Cassie Alvey, Vice Chair

Mark Manazer, Secretary

Dennis Spackman, Treasurer

Amy Allred

Nate Paynter

Maria Peterson

Kirk Lundgren

Will Powley

Harold Gooch

Emilie Starr

Bruce Cutler

Kim Compagni

Sam Thaller

SCAN THE QR CODE FOR
VOLUNTEER OPPORTUNITIES



Our Donors Make It All Possible

13

“ Giving is not just about making a donation...it's about making a difference. ”

-Kathy Calvin



\$25,000 + DONORS

Sorenson Legacy Foundation, American Express Center for Community Development, United Way of Salt Lake, George S. & Dolores Dore Eccles Foundation

\$10,000 - \$24,999 DONORS

The Church of Jesus Christ of Latter-Day Saints Humanitarian Services, Transportation Alliance Bank, Harold Gooch, Richard K. & Shirley S. Hemingway Foundation, Dennis Spackman, Synchrony Financial, C. Scott & Dorothy E. Watkins Charitable Foundation, Chapman Richard Cares, Evergreen Devco, Mark & Kathie Miller Foundation, Ruth Eleanor Bamberger & John Ernest Bamberger Foundation, Utah Association of Financial Services Foundation.

\$1,000 - \$9,999 DONORS

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\$100-\$999 DONORS

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MAKE A DIFFERENCE

SCAN THE QR
CODE FOR
INFORMATION
ON HOW YOU
CAN GIVE



Child Abuse Prevention Month April 2021



Every year,
thousands of Salt
Lake County
children fall victim
to child abuse and
neglect.

Join Us...

In honoring these victims,
and spreading awareness.
Visit our website to learn
more ways you can
spread awareness.

Save The Dates

Art of Resiliency Gala



"The Power
of Perseverance"
Sept. 9, 2021

Join Us...

To honor all of those who
strive to "protect children,
strengthen families, and
prevent child abuse", and to
raise funds to allow the
Family Support Center to
continue to provide services.



VISIT OUR WEBSITE FOR MORE INFORMATION AND JOIN OUR
NEWSLETTER TO STAY UP TO DATE ON ALL EVENTS AND ACTIVITIES

SPONSORSHIPS AVAILABLE EMAIL GRANTS@FAMILYSUPPORTCENTER.ORG



Family Support Center

Protecting Children, Strengthening Families, and Preventing Child Abuse

-Serving Salt Lake, Summit, and Tooele Counties



Special thanks to IHC Printing for donating the printing services for this report.

For General Questions Contact
info@familysupportcenter.org
801-955-9110

For Questions Specific to this Report
and/or Donations Contact:
grants@familysupportcenter.org

VISIT OUR WEBSITE

www.familysupportcenter.org



The
Family Support Center

Data and Statistics

For FY 2019-2020

(July 1, 2019 - June 30, 2020)

THE FAMILY SUPPORT CENTER IS A 501(C)3 NONPROFIT,
FUNDED BY PUBLIC AND PRIVATE DONATIONS.

Donations are 100% tax deductible. Federal Tax ID: 87-0359719